

# January 2018

## Schoharie CSD Breakfast Menu

**Grab and Go options include:** Hot entrée of the day, Assorted Muffin, Plain bagel w/crm cheese, Fresh fruit, 100% fruit juice, Assorted Low fat or fat free milk

**Cold options include:** Assorted Cereal, yogurt parfait, 100% fruit juice, Assorted low fat or fat free milk

<b>No School New Year's Day</b> Breakfast cost : Elem \$1.50 Reduced .25 HS \$1.60 Reduced .25      1	WG Honey Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  2	Breakfast pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  3	Sausage Egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 4	Pancake on a stick/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 5
Breakfast Burrito Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  8	Egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  9	Mini Pancake Pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  10	Banana Super bread w/marg Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  11	WG Cinnamon Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  12
<b>No School Dr. Martin Luther King Birthday</b>  15	Blueberry Super bread w/marg Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 16	French Toast Sticks w/syrup Egg patty Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 17	Sausage and cheese Croissant Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 18	Apple Fundal Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 19
Mini Waffle pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 22	Bacon egg and cheese Bagel Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 23	WG Cinnamon Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  24	Breakfast Burrito Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  25	Breakfast pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  26
WG Honey Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  29	Ham and cheese Bagel Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  30	Cherry fundal Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  31	WG Cinnamon Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  1	French toast sticks w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk  2

\* Menu subject to change without notice\*

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## January 2018- Schoharie CSD Lunch

Daily Alternate lunch include: PBJ, Yogurt, Chef Salad w/dinner roll. Mon,/Wed /Friday Alternate Option Turkey Wrap

Tuesday /Thursday Alternate option: Buffalo Chicken wrap Fresh Veggies Offered Daily

<b>No School New Year's Day</b>  1	Nachos and cheese Chili Hot dog on a bun Veg beans (BL) Chilled fruit Low Fat or Fat Free Milk  2	Wolfe's pizza Romaine Salad w/dressing(DG) Chocolate Cake w/frosting Chilled fruit Low Fat or Fat Free Milk  3	Hamburger on a bun Sweet Potato tots (RO) Green beans (O) Chilled fruit Low Fat or Fat Free Milk  4	Assorted Subs Chicken Noodle Soup Baby Carrots w/dip(RO) Chilled fruit Low Fat or Fat Free Milk  5
Chicken Patty on a bun Oven baked French fries (S) Chilled fruit Low Fat or Fat Free Milk  8	Hard /soft Tacos w/toppings Parmesan Pasta Veg.beans (BL) Chilled fruit Low Fat or Fat Free Milk  9	Wolfe's pizza Broccoli Florets (DG) Homemade Cookie Chilled fruit Low Fat or Fat Free Milk  10	Baked Pasta Romaine Salad w/dressing (DG) Breadstick Chilled fruit Low Fat or Fat Free Milk  11	Ham and cheese Bagel Vegetable Soup Cooked Carrots (RO) Chilled fruit Low Fat or Fat Free Milk  12
<b>No School Dr Martin Luther King Birthday</b>  15	Popcorn Chicken Bowl Mashed Potatoes (S) Buttered Corn(S) Chilled fruit Low Fat or Fat Free Milk  16	Wolfe's pizza Romaine and spinach salad w/dressing (DG) Homemade Brownie Chilled fruit Low Fat or Fat Free Milk  17	Macaroni and cheese Dinner roll/marg. Cooked Carrots (RO) Chilled fruit Low Fat or Fat Free Milk  18	Meatball Sub Broccoli florets(DG) Assorted pudding w/topping Chilled fruit Low Fat or Fat Free Milk  19
Loaded Nachos Green beans (O) Cheese Bread stick Chilled fruit Low Fat or Fat Free Milk  22	Turkey club sandwich Baked lays potato chips Cooked Carrots(RO) Chilled fruit Low Fat or Fat Free Milk  23	Wolfe's Pizza Broccoli Florets(DG) Jello Cake w/topping Chilled fruit Low Fat or Fat Free Milk  24	<b>Dipping Day!</b> Chicken Nuggets Mozz sticks w/marinara Baby Carrots w/dip(Ro) Chilled fruit Low Fat or Fat Free Milk  25	BBQ Pork Sandwich Coleslaw(O) Veg beans (BL) Chilled fruit Low Fat or Fat Free Milk  26
Cherry blossom Chicken Rice Chilled fruit Side kick Low Fat or Fat Free Milk  29	Soft Tacos w/toppings Baked beans (BL) Corn bread Chilled fruit Low Fat or Fat Free Milk  30	Wolfe's Pizza Romaine Salad w/dressing(DG) Jello w/topping Chilled fruit Low Fat or Fat Free Milk  31	Spaghetti and Meatballs Dinner roll Green beans (O) Chilled fruit Low Fat or Fat Free Milk  1	Bacon Cheese burger on a bun Cooked Carrots(RO) Chilled fruit Low Fat or Fat Free Milk  2

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