

## March 2018

### Schoharie CSD - Breakfast Menu

**Grab and Go options include:** Hot entrée of the day, Assorted Muffin, Plain bagel w/crm cheese, Fresh fruit,100% fruit juice, Assorted Low fat or fat free milk

**Cold options include:** Assorted Cereal, yogurt parfait,100% fruit juice, Assorted low fat or fat free milk

<b>Breakfast cost :</b> Elem \$1.50 Reduced .25 HS \$1.60 Reduced .25			Cinnamon Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>1</b>	Breakfast Pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>2</b>
<b>National School Breakfast Week!</b> Sausage breakfast burrito Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>5</b>	Egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>6</b>	Mini Pancake Pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>7</b>	Breakfast pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>8</b>	Elem only early release (Parent conferences )  WG Cinnamon roll Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>9</b>
Pancake on A stick w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>12</b>	Apple fundal Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>13</b>	Waffles w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>14</b>	Egg and Cheese Bagel Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>15</b>	Breakfast pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>16</b>
Egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>19</b>	French Toast sticks w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>20</b>	<b>Early Release @11:30 Staff Dev Day</b> Breakfast pizza Chilled fruit 100% fruit juice Low fat or fat free Milk <b>21</b>	Bacon egg and cheese croissant Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>22</b>	Wg Honey Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>23</b>
Mini Waffle Pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>26</b>	Sausage and Cheese Biscuit Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>27</b>	Wg Cini Mini Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>28</b>	Breakfast pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk <b>29</b>	<b>No school Good Friday -Holiday</b> <b>30</b>

\* Menu subject to change without notice\*

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# March 2018

## Schoharie CSD Lunch Menu

Daily Alternate lunch include: PBJ, Yogurt, Chef Salad w/dinner roll. Mon,/Wed /Friday Alternate Option Ham /cheese Wrap

Tuesday /Thursday Alternate option: Buffalo Chicken Wrap Fresh Veggies Offered Daily

			Hot Roasted Turkey Sandwich w/gravy Mashed Potatoes(s) Cranberry Sauce Chilled fruit Low Fat or Fat Free Milk  <b>1</b>	BBQ Pork Sandwich Pasta Salad Veg beans (BL) Chilled fruit Low Fat or Fat Free Milk  <b>2</b>
Cherry blossom Chicken Rice Buttered Corn (S) Chilled fruit Low Fat or Fat Free Milk  <b>5</b>	Cheese burger Deluxe on a bun Oven baked French fries(s) Cooked Carrots (RO) Chilled fruit Low Fat or Fat Free Milk  <b>6</b>	Wolfe's Pizza Broccoli Florets (DG) Homemade Jello cake w/topping Chilled fruit Low Fat or Fat Free Milk  <b>7</b>	Soft beef Tacos w/toppings Buttered Pasta Green beans (O) Chilled fruit Low Fat or Fat Free Milk  <b>8</b>	<b>Elem only early release – no lunch (Parent conferences )</b> Chicken Nuggets w/dip sauce Veg vegetable soup Veg beans (BL) Chilled fruit Low Fat or Fat Free Milk <b>9</b>
Chicken Patty On a Bun Potato Smiles(S) Green Beans (O) Chilled fruit Low Fat or Fat Free Milk  <b>12</b>	Hot Dog on a bun Chili w/beans Cornbread w/marg. Chilled fruit Low Fat or Fat Free Milk  <b>13</b>	Wolfe's pizza Romaine Salad w/dressing(DG) Homemade Brownies Chilled fruit Low Fat or Fat Free Milk  <b>14</b>	Chicken Alfredo w/noodles Broccoli Florets (DG) Breadstick Chilled fruit Low Fat or Fat Free Milk  <b>15</b>	Cheeseburger on a bun Macaroni Salad Baby Carrots w/dip (RO) Chilled fruit Low Fat or Fat Free Milk  <b>16</b>
Chicken Fajita Wrap Pasta Salad Buttered Corn (S) Chilled fruit Low Fat or Fat Free Milk <b>19</b>	Hamburger on a bun Baked Lays Potato chips Broccoli Florets (DG) Chilled fruit Low Fat or Fat Free Milk <b>20</b>	<b>Early Release @11:30 Staff Dev Day No Lunch served</b>  <b>21</b>	Soft beef Tacos w/toppings Garlic Potatoes (S) Baked beans (BL) Chilled fruit Low Fat or Fat Free Milk <b>22</b>	Assorted Subs w/toppings Baby Carrots w/dip(RO) Chilled fruit Low Fat or Fat Free Milk <b>23</b>
Chicken and Biscuits Cooked Carrots (Ro) Chilled fruit Low Fat or Fat Free Milk <b>26</b>	Cheeseburger on a bun Oven fried Potato tots Veg Beans (BL) Chilled fruit Low Fat or Fat Free Milk  <b>27</b>	Wolfe's pizza Broccoli Florets (DG) Homemade cookies Chilled fruit Low Fat or Fat Free Milk  <b>28</b>	Baked Pasta w/sauce Meatballs Cheese stick Dinner roll w/marg. Romaine salad w/dressing (DG) Chilled fruit Low Fat or Fat Free Milk <b>29</b>	<b>No school Good Friday – Holiday</b>  <b>30</b>

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