

May 2018

Schoharie CSD Breakfast Menu

Grab and Go options include: Hot entrée of the day, Assorted Muffin, Plain bagel w/crm cheese, Fresh fruit,100% fruit juice, Assorted Low fat or fat free milk

Cold options include: Assorted Cereal, yogurt parfait,100% fruit juice, Assorted low fat or fat free milk

<p>Breakfast cost : Elem \$1.50 Reduced .25 HS \$1.60 Reduced .25</p>	<p>Cinnamon Bun Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 1</p>	<p>Bacon egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 2</p>	<p>Cherry Fundal Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 3</p>	<p>Breakfast Burrito Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 4</p>
<p>French Toast sticks w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 7</p>	<p>Sausage egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 8</p>	<p>WG Honey Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 9</p>	<p>Pancake on a stick w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 10</p>	<p>Breakfast pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 11</p>
<p>Mini Waffle pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 14</p>	<p>Apple fundal Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 15</p>	<p>Bacon ,egg and cheese Bagel Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 16</p>	<p>Blueberry Super bread w/margarine Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 17</p>	<p>Early Dismissal @11:30 Am Cinnamon Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 18</p>
<p>Breakfast Pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 21</p>	<p>Breakfast burrito Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 22</p>	<p>Mini Pancake Pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 23</p>	<p>Sausage egg and cheese Croissant Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 24</p>	<p>Waffles w/syrup Egg patty Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 25</p>
<p>Banana super bread w/margarine Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 28</p>	<p>Wg Honey Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 29</p>	<p>French toast sticks w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 30</p>	<p>Breakfast Burrito Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 31</p>	<p>Sausage and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 1</p>

* Menu subject to change without notice*

This institution and the USDA are equal opportunity providers

Office of School Nutrition: Myra Trumbull Food Service Director 518-295-6618

May 2018

Schoharie CSD Lunch Menu

Daily Alternate lunch include: PBJ, Yogurt, Chef Salad w/dinner roll. Mon,/Wed /Friday Alternate Option Southwest Chicken Wrap

Tuesday /Thursday Alternate option: Ham and cheese sandwich

Fresh Veggies Offered Daily

<p>Vegetable Sub Groups 2RO: red/orange DG: dark green S: starchy BL: bean/legume O: other Fresh veggies offered daily 2</p>	<p>Hamburger on a bun Potato tots (S) Broccoli Florets(DG) Chilled fruit Low Fat or Fat Free Milk 1</p>	<p>Wolfe's Pizza Romaine salad w/dressing(DG) Assorted Pudding Chilled Fruit Low fat or fat free Milk 2</p>	<p>Hard /Soft Tacos w/toppings Corn bread Baked Beans (BL) Chilled fruit Low Fat or Fat Free Milk 3</p>	<p>Ham and cheese Bagel Chicken Noodle soup Carrot sticks w/dip(Ro) Chilled fruit Low Fat or Fat Free Milk 4</p>
<p>Chicken & Biscuits Mashed potatoes (s) Cranberry Sauce (RO) Chilled fruit Low fat or Fat free Milk 7</p>	<p>Assorted Subs Baked Lays Potato chips Baby Carrots w/dip(RO) Chilled Fruit Low fat or Fat free Milk 8</p>	<p>Wolfe's Pizza Broccoli Florets(DG) Homemade Brownies Chilled Fruit Low fat or Fat free Milk 9</p>	<p>Taco Salad w/toppings Black Beans (BI) Chilled Fruit Low fat or Fat free Milk 10</p>	<p>Chicken Nuggets W/dipping sauce Pasta Salad Green Beans (O) Chilled Fruit Low fat or Fat free Milk 11</p>
<p>Baked pasta w/beef and cheese Dinner Rollw/marg Cooked Carrots(RO) Chilled Fruit Low fat or Fat free Milk 14</p>	<p>Chicken Club on a bun Creamy Pea Salad (S) Sun chips Chilled Fruit Low fat or Fat free Milk 15</p>	<p>Wolfe's Pizza Romaine and Spinach salad (DG) Cake w/frosting Chilled Fruit Low fat or Fat free Milk 16</p>	<p>Chicken Taco Salad w/toppings Garlic Breadstick Vegetarian Beans (BL) Chilled Fruit Low fat or Fat free Milk 17</p>	<p>Early Dismissal @11:30 Am No Lunch served 18</p>
<p>Hot Dog on a bun Sauerkraut Baked beans (BL) Potato Tots (S) Chilled Fruit Low fat or Fat free Milk 21</p>	<p>Beefy Loaded Nachos Breadstick Mexican corn salad (S) Cranberry sauce(RO) Chilled Fruit Low fat or Fat free Milk 22</p>	<p>Wolfe's Pizza Broccoli Florets(DG) Homemade Cookies Chilled Fruit Low fat or Fat free Milk 23</p>	<p>Meatball Sub Romaine Salad w/dressing (DG) Side kick Chilled Fruit Low fat or Fat free Milk 24</p>	<p>Chicken Nuggets w/dipping sauce Macaroni Salad Baby Carrots w/dip (RO) Chilled Fruit Low fat or Fat free Milk 25</p>
<p>Memorial Day No School 28</p>	<p>Cheeseburger on a bun Cooked Carrots (RO) Chilled Fruit Low fat or Fat free Milk 29</p>	<p>Wolfe's Pizza Romaine and Spinach Salad w/dressing(DG) Assorted Pudding w/topping Chilled Fruit Low fat or Fat free Milk 30</p>	<p>Tuna or Egg Salad Sandwich Baked Lays Potato chips Cucumber slices w/dip(O) Sidekick Chilled Fruit Low fat or Fat free Milk 31</p>	<p>Taco Salad w/toppings Sun chips Pinto Beans (BI) Chilled Fruit Low fat or Fat free Milk 1</p>

* Menu subject to change without notice*

This institution and the USDA are equal opportunity providers