

June 2018 Breakfast Menu

Grab and Go options include: Hot entrée of the day, Assorted Muffin, Plain bagel w/crm cheese, Fresh fruit, 100% fruit juice, Assorted Low fat or fat free milk

Cold options include: Assorted Cereal, yogurt parfait, 100% fruit juice, Assorted low fat or fat free milk

Breakfast cost : Elem \$1.50 Reduced .25 HS \$1.60 Reduced .25				Sausage and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 1
Breakfast Pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 4	Sausage Egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 5	Pancake on a stick w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 6	Bacon egg and cheese Croissant Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 7	Cinnamon Bun Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 8
Apple Frondal Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 11	Egg and cheese Biscuit Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 12	Mini Pancake pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 13	Sausage egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 14	Breakfast Burrito Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 15
Assorted Muffins Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 18	Bagel w/cream cheese Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 19	Wg Cereal w/graham crackers Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 20	Elem school Early release @11:50 Am Pot Luck Breakfast Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 21	Elem school Early release @11:50 Am Last Day of Classes Pot Luck Breakfast Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 22
25	26	Enjoy your summer Vacation! 27	28	29

* Menu subject to change without notice*

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Office of School Nutrition: Myra Trumbull Food Service Director 518-295-6618

June 2018 Lunch Menu

Daily Alternate lunch include: PBJ, Yogurt, Chef Salad w/dinner roll.

Mon,/Wed /Friday Alternate Option –Buffalo Chicken wrap

Tuesday /Thursday Alternate option-Ham and cheese wrap

<p>Vegetable Sub Groups ;RO: red/orange DG: dark green S: starchy BL: bean/legume O: other Fresh veggies offered daily</p>				<p>Taco Salad w/toppings Sun chips Pinto Beans (BL) Chilled Fruit Low fat or Fat free Milk 1</p>
<p>Chicken Patty on a bun Animal Crackers Baby Carrots w/dip (RO) Chilled Fruit Low fat or Fat free Milk 4</p>	<p>Hot Dog on a bun Chili (BL) Saltine cracker Vegetarian beans (BL) Chilled Fruit Low fat or Fat free Milk 5</p>	<p>Wolfe’s Pizza Romaine and Spinach Salad w/dressing (DG) Assorted Pudding w/topping Chilled Assorted Fruit Low Fat or Fat free Milk 6</p>	<p>Chicken Fajita Wrap w/toppings Buttered Corn(S) Chilled Fruit Low fat or Fat free Milk 7</p>	<p>Ham and Cheese Bagel Macaroni Salad Cranberry Sauce (RO) 100% fruit Sidekick Chilled Fruit Low fat or Fat free Milk 8</p>
<p>Chicken Grinder Baked lays Potato chips Cooked Carrots RO) Chilled Fruit Low Fat or Fat free Milk 11</p>	<p>Beefy Loaded Nachos Cheese Breadstick Mexican corn salad (S) Cranberry sauce(RO) Chilled Fruit Low fat or Fat free Milk 12</p>	<p>Wolfe’s Pizza Broccoli Florets(DG) Jello w/topping Chilled Assorted Fruit Low Fat or Fat free Milk 13</p>	<p>Hot Dog on a Bun Or Cheeseburger on a bun Pasta Salad Baked Beans (BL) Fresh Fruit Blend Low Fat or Fat Free Milk 14</p>	<p>Chicken Nuggets w/dipping sauce Dinner Roll w/marg Baby Carrots w/dip (RO) Chilled Fruit Low fat or Fat free Milk 15</p>
<p>Chicken Patty on a bun w/dipping sauce Creamy Pea Salad (S) Sun chips Chilled Fruit Low fat or Fat free Milk 18</p>	<p>Hamburger on a bun Baked Lays Potato chips Vegetarian Beans (BL) Chilled Fruit Low fat or Fat free Milk 19</p>	<p>Wolfe’s Pizza Romaine and Spinach Salad w/dressing (DG) Chilled Assorted Fruit Low Fat or Fat free Milk 20</p>	<p>Elem school Early release @11:50 Am 21</p>	<p>Elem school Early release @11:50 Am Last Day of Classes 22</p>
<p>25</p>	<p>26</p>	<p>Enjoy your summer Vacation!! 27</p>	<p>28</p>	<p>29</p>

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