MENU

Schoharie Jr/Sr High School Lunch Menu

SEPTEMBER

6-12TH LUNCH

DAILY ENTRÉE OPTIONS:

Cheese or Pepperoni Pizza (Monday-Thursday)
Schoharie Lunch Box
Chicken Bacon Ranch Wrap
Fruit & Yogurt Parfait w/ Granola

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day No School	**3** Conference Day No School	**4** Conference Day No School	**5** Taco Salad w/Chips (meat, cheese & lettuce) Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn	**6** Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Salad
9 Bistro Cheeseburger (plain, cheese or bacon) Seasoned Curly Fries Rainbow Pepper Sticks Choc Chip Cookie	**10** Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	**11** Crispy Chicken Tenders with assorted dipping sauces Corn Muffin Fresh Veggie w/Hummus	**12** Macaroni & Cheese Bar w/Buffalo Chicken Breadstick & Broccoli Fresh Grape Tomatoes	**13** Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Salad
16 Philly Cheesesteak Sub Peppers & Onions Baked Potato Chips Fresh Veggie Cup w/Dip	**17** Chicken & Waffles French Fries 100% Juice Cup Syrup Cup	**18** Double Hot Dog Day **Harvest of the Month** Pasta Salad Corn on the Cob Baked Beans *NY FOOD DAYS*	**19** Savory BBQ Chicken Macaroni & Cheese Steamed Green Beans Fresh Grape Tomatoes	**20** Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Salad
23 Ham & Cheese Croissant Tomato Soup Goldfish Crackers Steamed Green Beans	**24** Baked Potato Bar (pulled chicken, queso, bacon) Steamed Broccoli Salsa & Sour Cream Roll	**25** Sampler Platter (chick wings & mozz sticks) Warm Garlic Knot Fresh Veggies with Hummus	**26** Tortellini Alfredo with Chicken Garlic Texas Toast Peas & Carrots Fresh Grape Tomatoes	**27** Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Salad
30 Crispy Chicken Sandwich Seasoned Waffle Fries Rainbow Pepper Sticks	**1**	**2**	**3**	**4**

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

In collaboration with
CAPITAL REGION BOCES
SHARED FOOD SERVICE PROGRAM

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