# Daily Entrée Options:

UNCLUSTABLE MEAL KIT Bagel & Yogurt Bistro Box

OCTOBER 14-18 IS SCHOOL LUNCH WEEK Be a LUNCH PIPATE WITH US!



schoharie ELEMENTARY **SCHOOL** 

**OCTOBER** 

# MONDAY

#### **TUESDAY**

## WEDNESDAY

Popcorn Chicken Bites

#### **THURSDAY**

### FRIDAY

Loaded Chicken & Cheese Nachos Salsa & Sour Cream Black Beans & Corn

Mozzarella Sticks Marinara Sauce Crinkle Cut French Fries Fresh Veggie with Dip

Macaroni & Cheese Corn Muffin Breaded Broccoli Bites Fresh Pear

Cheese Pizza Tossed Salad Blue Raspberry Applesauce Cup

Rotini with Meat Sauce (beef) Garlic Knot Steamed Green Beans Baby Carrots

Maple Waffle Turkey Sausage Links Potato Tots Orange Juice & Syrup

Baby Carrots

Chicken Nuggets Warm Garlic Knot Mashed Potatoes Fresh Veggie with Hummus

Chicken Fried Rice & Egg Roll Steamed Broccoli

Pineapple Teriyaki

Cheese Pizza Tossed Salad French Toast Graham Crackers

No School Columbus/Indigenous Peoples Day

Ultimate Nachos Salsa & Sour Cream Refried Bean Dip Golden Treasure Corn Rainbow Pepper Sticks

Cheesy Breadsticks

Cannonball Meatball Marinara Sub Harvest Fresh Apples French Fries NY Month

Pirates Potato & Cheddar Pierogies Kielbasa Bites Steamed Broccoli Parrot Pears

Cheese Pizza Tossed Salad Mango Peach Applesauce Cup

Chicken & Waffles

with Marinara Sauce Emoji Fries Breaded Broccoli Bites 100% Juice Cup Baby Carrots Syrup Cup Cocoa Brownie Bar

Chicken Nuggets Warm Garlic Knot Smiley French Fries Fresh Veggie with Hummus Tortellini Alfredo with Chicken Garlic Knot Peas & Carrots Fresh Grape Tomatoes

Cheese Pizza Tossed Salad Emoji Graham Crackers

Cheeseburger

French Fries Rainbow Pepper Sticks Choc Chip Cookie

BBQ Chicken

Fried Rice Honey Glazed Carrots Fresh Orange

Macaroni & Cheese Corn Muffin

Seasoned Green Beans Fresh Pear

Hot Dog on a Bun

Baked Potato Chips Fresh Veggie w/Dip Dirt & Worms Pudding Cup

### View Menus Online



lingconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and lowfat white or flavored milk.

In collaboration with CAPITAL REGION SHARED FOOD SERVICE PROGRAM

This institution is an equal opportunity employer.