

Daily Alternative Options

- Cheese or Pepperoni Pizza (Monday-Thursday)
- Birdog Sandwich (Chicken, Bacon, Cheese)
- Turkey Sub Sandwich
- Fruit & Yogurt Parfait w/ Granola



MENU

6th-12 LUNCH

This month's NY food item is from Newburg Egg (the omelet is made by Kay Foods in Albany NY)



JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 New Years Day No School	2 Holiday Recess No School	3 Holiday Recess No School
6 Rotini with Meat Sauce Garlic Breadstick Seasoned Green Beans Warm Cinnamon Pears	7 Baked Potato Bar (pulled chicken, queso & bacon) Garlic Knot Steamed Broccoli Salsa & Sour Cream	8 Sampler Platter (chick wings & mozz sticks) French Fries Fresh Veggies w/Hummus	9 Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	10 Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad
13 Crispy Chicken Tenders with assorted dipping sauces Pesto Parmesan Rotini Rainbow Pepper Sticks	14 BBQ Pork Bowl Pineapple Corn Rice Veggie Pinto Beans Cucumber Slices New Recipe! Fruit Salad	15 Alaskan Pollock Po'boy Sandwich Seasoned Potato Wedges Fresh Veggies w/Hummus Fresh Orange Wedges	16 Macaroni & Cheese Bar w/ Buffalo Chicken Texas Toast & Broccoli Fresh Grape Tomatoes	17 Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad
20 No School MLK Jr Day	21 Bistro Cheeseburger (plain, cheese or bacon) Kettle Cooked Potato Chips Tortellini Pasta Salad Fresh Veggie w/Hummus	22 Breakfast for Lunch Sunrise Waffles (2) Harvest Cheese Omelet of the Month Home Fries NY FOOD DAYS Juice & Syrup	23 Taco Salad w/Chips (meat, cheese & lettuce) Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn	24 Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad
27 Crispy Chicken Sandwich Seasoned Waffle Fries Tomato, Cucumber Salad	28 Pineapple Teriyaki Chicken Fried Rice & Veg Egg Roll Stir Fry Vegetables Baby Carrots	29 No School Lunar New Year	30 Tortellini Alfredo with Chicken Garlic Knot Roasted Broccoli Grape Tomatoes	31 Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION BOCES
SHARED FOOD SERVICE PROGRAM

