



MENU

This month's local Eggs
 are from Newburg Egg
 (the omelet is made by Kay
 Foods in Albany NY)

JANUARY



PK-5th LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		New Years Day No School 1	Holiday Recess No School 2	Holiday Recess No School 3
Rotini with Meat Sauce 6 Garlic Knott Seasoned Green Beans Baby Carrots	Chicken Tenders & Waffles 7 Emoji French Fries 100% Grape Juice Syrup Cup	Ultimate Nachos 8 (taco meat, cheese, black beans) Salsa & Sour Cream Yellow Corn Rainbow Pepper Sticks	Macaroni & Cheese 9 Yogurt Cup & Granola Steamed Broccoli Cucumbers & Tomatoes Hummus Dip	Cheese Pizza 10 Steamed Mixed Veggie Vanilla Emoji Grahams
Hot Dog on a Bun 13 French Fries Goldfish Cracker Cucumber & Grape Tomato	Roast Turkey Dinner 14 Mashed Potatoes Corn Muffin Diced Pears Pears	Cheesy Breadsticks with Marinara Sauce 15 Breaded Broccoli Bites Fresh Veggie w/Hummus	Orange Chicken 16 Fried Rice & Egg Roll Steamed Broccoli Baby Carrots	Cheese Pizza 17 Steamed Mixed Veggie Strawberry Applesauce Cup
No School 20 MLK Jr Day	Chicken Nuggets Dinner Roll 21 Emoji French Fries Seasoned Green Beans Fresh Veggie w/Hummus	French Toast Sticks 22 Cheese Omelet Home Fries Orange Juice Syrup Cup Harvest of the Month FOOD DAYS	Meatball Sub 23 Steamed Peas & Carrots Fresh Grape Tomatoes Apple Slices	Cheese Pizza 24 Steamed Mixed Veggie Cinnamon Scooby Doo Grahams
Cheeseburger 27 French Fries Rainbow Pepper Sticks Winter Berry Fruit Salad	Wild Mike's Cheesy Bites w/Marinara Sauce 28 Breaded Broccoli Bites Fresh Veggie w/Hummus Choc Chip Cookie	No School 29 Lunar New Year	Soft Tacos 30 (beef or turkey, cheese, lettuce) Salsa & Sour Cream Tortilla Chips w/Bean Dip Yellow Corn	Cheese Pizza 31 Steamed Mixed Veggie Mango Peach Applesauce Cup

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
 SHARED FOOD SERVICE PROGRAM

